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OPPORTUNITY  
ACHIEVEMENT  
SUCCESS IN A CARING COMMUNITY

Principal: Richard Metcalf

# Teralba Telegraph

**Term 1 Week 8**  
**18<sup>th</sup> March 2013**

## Upcoming Events

**Wednesday 20<sup>th</sup> March** - P&C Meeting 6pm. All welcome  
**Saturday 23<sup>rd</sup> March** - P&C bbq - helpers needed please  
**Wednesday 27<sup>th</sup> March** - Easter Hat Parade at Glendale - K-3  
**Thursday 28<sup>th</sup> March** - School Easter Hat Parade at 10.30 followed by morning tea. Delivery of Hot Cross Bun Drive orders. Raffle Draw  
**Friday 29<sup>th</sup> March** - Good Friday Public Holiday  
**Monday 1<sup>st</sup> April** - Easter Monday Public Holiday  
**Thursday 4<sup>th</sup> April** - AFL Paul Kelly Cup - Tulkaba Oval (4/5/6C)  
**Friday 5<sup>th</sup> April** - Pizza Day  
**Monday 8<sup>th</sup> April** - School Cross Country  
**Thursday 11<sup>th</sup> April** - School disco - DETAILS SOON

Last week Mr Frank Potter visited our school. Mr Potter is the Regional Director of Education. He was very impressed with our school and said how it had a lovely 'feel'. This lovely feel comes to our school because of the effort that each child, parent and staff member puts in.

One thing that has always impressed me about Teralba PS is how welcoming we all are. This welcomeness makes coming to work very easy and very enjoyable, thank you all for that effort.

## STAFFING

Next week Mr Metcalf will be out of the school, attending a training course. Mrs White will be relieving Principal. If you have any questions or queries please make an appointment and discuss that with her. She is organising the Easter Hat parade and all other activities planned for that week.

## PREMIERS READING CHALLENGE

All students at Teralba PS will be participating in the 2013 Premiers Reading Challenge (PRC). The challenge aims to encourage a love of reading for leisure. It is not a competition but a challenge to each student to read more and to read widely. All students who successfully complete the Challenge will receive a PRC Certificate and their name will appear on the PRC Honour Roll. K-2 reading requirements will be met at school, however all children can still borrow books and read them at home. Children in years 3-6 can log onto the website using their department user name and password and enter books read. Children will be given the opportunity to on and enter books at school.

To get to the website at home children simply google "Premier's Reading Challenge" and follow the links.

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## Mission Statement

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*To provide a caring  
educational  
environment where  
children, staff and  
community work  
together to strive for  
excellence and  
equality*

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## BOUNCE BACK INFO FROM MRS K.

As you may be aware we have been running the "Bounce Back" program for the past 18 months. The aim of the program is to teach children to be resilient. Over the coming weeks we will be including information in the newsletter to help parents understand the program and reinforce with their children, the principles of Bounce Back.

This week we are going to focus on what the **B** and the **O** stands for in Bounce Back.

### B - Bad Times don't last. They always get better.

**Stay optimistic.** (For years K-2 the statement is Bad feelings always go away again.)

Bad times and bad feelings are nearly always temporary. Things get better. Sometimes it takes a while for a difficult situation to improve but it will get better.

I like to describe to the students that life is sometimes like the ocean. Sometimes we have good days (the ocean is calm, tranquil and beautiful) and then other days are hard (the ocean is stormy, dark and sometimes scary) Keep restating that Bad feelings always go away again.

### O- Other people can help you feel better if you talk to them

When we have problems and worries it is important to talk to someone who cares about us. This is sometimes hard to do and it takes courage to say to someone that you're not feeling ok. Sometimes kids think that grown-ups are too "busy" to listen to their fears and concerns. Nothing is so awful that you can't talk about it to someone you can trust.

Mrs K is the school chaplain and is available between 9am and 2pm on Wednesday and Friday each week. She is available to help parents/carers as well as students at the school. If you would like to make an appointment to see Mrs K please contact Robyn in the office.

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School Security

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Please phone

1300 880 021

to report anyone on  
school grounds after  
hours.

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## A FOREST ADVENTURE

Each child is bringing home "A Forest Adventure" today. It is a computer game based education program to help combat Head lice. Head lice are a horrible part of school life but if we work together then we can go a long way in defeating this menace.

## P&C NEWS

**Easter Raffle** - Please return all tickets (sold and unsold) and money by Wednesday 27<sup>th</sup> March. Thank you for the very generous donations we have received so far for the raffle. It's not too late to make a donation.

### P&C Meeting

There is a P&C meeting scheduled for 6pm this Wednesday (20<sup>th</sup> March). Please attend. We are finalising arrangements for the Easter raffle, canteen security and the BBQ at Warners Bay this weekend. If you would like to add anything to the agenda or have any suggestions, comments etc please see Robyn in the office. Everyone is welcome to attend.

**Hot Cross Buns** - orders and payment due Friday (22<sup>nd</sup> March)

**UNIFORMS** - We now have in stock hoodies of all sizes, just in time for cooler weather. They are \$35 each, please come to the office to order.



## WE NEED YOU!

We need as much help as possible. This weekend the P&C have a BBQ fund raiser at Warners Bay "Officeworks". If you can help cook, collect money, sell then we need you. Please return your slip before 3pm Wednesday so a roster can be drawn up at the P&C meeting. We will let you know on Thursday.



### P&C BBQ

Name ..... YES, I can help

Preferred time:

☐ 9-10

☐

☐

☐ 12-1

☐ 1-2

☐ 2-3