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Principal – Richard Metcalf



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## Upcoming Events

### **Tuesday 20<sup>th</sup> February:**

Zone Swimming Carnival – for  
qualifying students

### **Wednesday 21<sup>st</sup> February:**

P&C Meeting – 6:30pm  
Community Room

### **Friday 30<sup>th</sup> March:**

Good Friday (Public Holiday)

### **Monday 2<sup>nd</sup> April:**

Easter Monday (Public Holiday)

### **Thursday 5<sup>th</sup> April:**

School Cross Country

### **Monday 9<sup>th</sup> April:** PBL Rewards Day

**Thursday 12<sup>th</sup> April:** Education and  
Learning Programs fee due  
\$30.00/student

**Thursday 12<sup>th</sup> April:** School ANZAC  
service

**Thursday 12<sup>th</sup> April:** Easter Hat  
Parade

**Friday 13<sup>th</sup> April:** Last Day Term 1

## Monday 19<sup>th</sup> February Term 1 Week 4

Wow, how quickly the holidays are disappearing behind us now that the term is in full swing. I wish to start by saying a huge congratulations to all students who participated in this year's very successful swimming carnival. Students not only participated well but we were also complimented by the managers of the swimming pool, saying how well behaved and well-mannered our students were. I also wish to thank the parents who attended, especially those who helped on the day. Without your support the day would not have been as successful. Finally, thanks go to the staff, in particular Mr Toole for organising the day.

### OFFICE RENOVATIONS

Within the next few weeks (hopefully before the end of term) our office area will be getting a new roof and 2 new walls. This means that we will be relocating the office to another area within the school. At this stage we are finalising details so please bear with us while these details are sorted out. We will keep families informed as to the progress and minimise the inconvenience it may cause.

### Term 1 Assembly Dates

**Friday 2<sup>nd</sup> March –** Children's University Launch

**Friday 16<sup>th</sup> March -** 1/2/3 Class item

**Friday 13<sup>th</sup> April -** K/1 Class Item

## ABORIGINAL APOLOGY ANNIVERSARY

This week we pause to recognise the 10 Year anniversary of the apology to the Stolen Generations. Whilst this was a significant day in Australia's history, it is important we acknowledge that there is still much work to be done to ensure social justice and equity for our first people. Education is one important component of this process and we are proud here at Teralba that we can make a contribution to improving the lives of Aboriginal Australians.

## KEEP INFORMED ON FACEBOOK

Please make sure you like us on Facebook to keep updated with latest news and events happening at our wonderful school. We love showing how fantastic our school is to our local and extended community, so when you read a post you like don't forget to share it. Social media is such a crucial link to spreading the word about our wonderful students and the fantastic things they are doing!

## P&C

### **P&C Meeting: Wednesday 21<sup>st</sup> February 6:30pm**

Teralba Public School has always been a very special school with deep connections to the community. One avenue that has always been strong is the involvement of the P&C and the money raised through a variety of activities and events. As this is the new year I would like to invite all parents to join our fabulous P&C. It would involve as much or as little as you can offer to the school. The P&C provide vital funds that assist the students to have the best educational opportunities possible. P&C meetings are a valuable opportunity for parents to have an input into their child's education and also know what is happening at our school to gain a greater understanding.

## NEWSLETTER – DISTRIBUTION TO FAMILIES

Thank you to those parents who have returned the newsletter distribution form we sent home last week. If you haven't already done so, please complete the attached form and return to school ASAP.

## SCHOOL BANKING

School Banking, through the Commonwealth Bank Dollarmite program, has **commenced**. For existing bankers, the process will be the same as last year. Students bring in their bankbooks along with their filled deposit slip and money, and bring it to the office on Friday. These will be processed by Quida our banking volunteer and bankbooks returned to the classroom.

For more information for new bankers just ask at the office.

## COLES SPORTS FOR SCHOOLS PROGRAM

This term our school will be participating in the Coles Sports for Schools Program, which will provide an opportunity to purchase sporting equipment for our school.

### **How it works:**

**Step 1:** For every \$10 spent at Coles, customers will receive one Sports for Schools voucher.

**Step 2:** Place vouchers in the collection box that is located in the office.

**Step 3:** Every voucher received by our school will go towards our tally. Our school will then be able to purchase sports equipment to the value of the vouchers we have collected.

## ZONE SWIMMING

Good Luck to our Zone swimming team. Huey, Tayla, Peter, Jonathan, Carly, Hope, Savannah and Nyah, will be representing Teralba Public school at the 2018 Zone Swimming Carnival.

## SWIMMING CARNIVAL

Congratulations to Hunter for winning the 2018 swimming carnival. Hunter narrowly defeated Shortland, 169 points to 164. Also, well done to our age champions, Huey, Tayla, Rocco, Nyah, Noah and Hope.

At Teralba Public School we are  
**Excited And Ready to Learn** with



# EARL



***Upcoming Weekly PBL focus:***

### ***Week 4: Safe in the Classroom***

***Move Safely / Hands and Feet to Self / Think before you act***

### ***Week 5: Outstanding Achievers in the Playground***

***Play fair and by rules / Help others play / Bell rings, move to lines***

## DISPOSITIONS TO BE TAUGHT AT TERALBA PUBLIC SCHOOL

Commencing this week all Teralba students, K-6, will be explicitly taught about dispositions and how they can improve learning abilities. Dispositions, sometimes referred to as growth mindsets, are the positive features of our personality that allow us to succeed both in our learning, and in all areas of our lives.

Dispositions will be taught in a fun, student-centred approach by using Captain Disposition and his Seven Superpowers for Learning. Each week for the remainder of Term 1 students will be explicitly taught about a new disposition, with teachers supporting students in utilising those new skills in their learning throughout the year. So, if your child comes home talking about Captain Disposition and singing about new superpowers, you now know what it's all about!



*"Dispositions describe a person's inclination to use particular skills when faced with problems to solve, ideas to evaluate or decisions to make."*  
(MACQUARIE UNIVERSITY)

*"Thinking dispositions form the foundation for all learning and should underpin any educational program. They are critical to learning and to the transfer of learned material."*

(Shari Tishman, Harvard University)

*Feedback from other schools using Captain Disposition to teach dispositions in their schools;*

*"They take ownership and are starting to use their mistakes as learning opportunities."*  
— K/1 teacher

*"Students are becoming more open minded and adventurous in their learning and approach tasks with more flexibility. Students are developing patience and persistence with challenging tasks. I have noticed an increase in the ability to make connections during learning and understand learning as a ubiquitous construct."*  
— Stage 3 teacher

## Week 4 and 5 Dispositions



*The dispositions being explicitly taught in weeks 4 and 5:*

**Week 4: Introduction to Captain Disposition** Students will meet Captain Disposition and self-reflect on their current use of dispositions.

**Week 5: Open-Minded**  
Students will learn to be open to new and different ideas and consider the opinions of others.





## Children's University

This year Teralba Public School is embarking on an extremely exciting journey. In collaboration with Newcastle University, Teralba students are invited to become part of **Children's University**.

**Children's University** provides a fantastic opportunity to support your child to succeed and achieve in their education and to celebrate with them at graduations.

The program is open to all children who love to learn by recognising and encouraging kids to find **new** areas of learning interests through educational events in their local area, music classes, art classes, sporting activities and any validated activity on the **Children's University (CU)** web page.

Children participating in **Children's University** are working towards a minimum of 30 hours of learning time that *occurs out of classroom* hours: before school, during lunch, after school, and at events in the school holidays. Children log this learning in a special CU passport and each activity is capped at 10 hours so exploring new educational experiences are encouraged.

Children are rewarded for their participation with certificates at formal ceremonies held in high profile locations, such as the Great Hall at the University of Newcastle! Children graduate in caps and gowns just like the adults do and celebrate their achievements with friends, family and teachers.

Teralba Public School will be hosting an information session on **Friday 2<sup>nd</sup> March at 2:30pm** and we invite and encourage all interested parents to attend.

Should you have any questions Mrs Brazer and Mrs Perrett are the Children's University coordinators for our school.

## BUNNINGS

### RECYCLED CHRISTMAS TREE COMPETITION

We won! Congratulations, Teralba P.S. for winning the Bunnings Recycled Christmas Tree Competition! Thank you to all our students and their families who helped Mrs Brazer collect hundreds of plastic bottle top lids and to the students who helped paint, glue and stick those bottle tops onto our cut-out tree.

A \$100 Bunnings Gift Voucher has been gifted to the school as a prize; we can put this to effective use in lots of areas of our wonderful school.



## NEWS FROM THE LIBRARY

How fantastic it is to see Teralba students excited and enthusiastic to use our school library and to participate in Library lessons. The following days are allocated to each class for Library lessons; however, the Library is also open at lunchtime on Monday's for enjoyment and borrowing for all students.

4/5/6T – Monday

1/2/3M – Monday

K/1P – Friday



Please encourage your child to bring a Library bag (old pillow cases make great ones) so their borrowed books can remain clean and protected in school bags.

The office and each classroom has a grey box for book returns on any school day; please have a look at home for any overdue books so your child can continue to borrow throughout the term.

## FUNDRAISING FOR A WORTHY CHARITY

This year we will once again hold a gold coin donation out of uniform day each term to support a worthy cause. Supporting charities is a fantastic way of instilling values of tolerance, compassion and understanding of others in our students. As we come to each out of uniform day parents and teachers can discuss the cause at an age appropriate level, giving our children a better understanding of hardships faced by others.

A Facebook post has been put out asking for suggestions of charities that the parents and community feel connected to and consider worthy of supporting. There have been some great suggestions such as Cerebral Palsy Alliance, Starlight Foundation, Ronald MacDonald House and the endangered Tasmanian Devil. If you have a suggestion of a charity you would like to see us support, please either comment on our Facebook post or tell any of our staff members.





Lake Macquarie  
City Council

# SAFETY around schools



## ROAD RULES IN SCHOOL ZONES:

### **Pedestrian crossings**

You cannot stop within 20 metres before a pedestrian crossing or 10 metres after a pedestrian crossing unless there is a control sign permitting parking.

*Maximum penalty: \$439 and two demerit points*

### **Double parking**

You may not stop on the road alongside to another vehicle at any time even to drop off or pick up passengers.

*Maximum penalty: \$330 and two demerit points*

### **Parking on a verge**

You cannot stop or park on a verge area (footpath, nature strip, dividing strip or kerb).

*Maximum penalty: \$183 and two demerit points*

## PARKING RESTRICTION SIGNS



**You cannot stop here**

Unless there is a medical or other emergency

*Maximum penalty: \$330 and two demerit points*



**You cannot stop here**

You are not allowed to stop your vehicle unless you are driving a bus.

*Maximum penalty: \$330 and two demerit points*



**You can stop here for two minutes only**

You have no more than two minutes to drop off or pick up passengers or goods and the driver must stay within three metres of the vehicle.

*Maximum penalty: \$183 and two demerit points*



**You cannot stop here**

Unless a current Mobility Parking Scheme (MPS) permit is displayed.

*\$549 and one demerit point*

02 4921 0333 lakemac.cool.au council@lakemac.nsw.gov.au





Come play Rugby League in 2018

All are welcome to join our team from age 5 to 17

Every player gets Shorts and Socks

Registration days  
10 Feb and 24 Feb  
10-12

Training is on NOW

Macquarie Junior Rugby League Football Club  
Keith Barry Oval, Toronto  
E: secretary@macquariejuniors.com.au P: 0450 558 565  
Register online: www.playnrl.com

**2017 PREMIERS**  
U11, U12, U14, U17



Nutrition Snippet

## The simplest way

...to pack a lunch box is here!

The task of packing a healthy school lunch is now easier with the launch of our exciting new Healthy Lunch Box website [healthylunchbox.com.au](http://healthylunchbox.com.au)

The new website shows how easy it can be to pack a healthy lunch box that your kids will love.



It features an interactive lunch box builder that enables you to plan your kids' lunches on your phone, desktop or tablet - it's quick, easy and the kids will love helping too!

Healthy recipes and tips on adding more fruit and veg to lunch boxes will help set your child on a path of lifelong healthy eating to reduce their cancer risk.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

For more information visit  
[www.eatittoeatit.com.au](http://www.eatittoeatit.com.au)  
or join us at [facebook.com/eatittoeatit](https://facebook.com/eatittoeatit)

Eat It To Beat It

**HEY KIDS! WANT TO PLAY RUGBY?**

Lake Macquarie RUGBY CLUB

4-7 YEARS

\$50 PER CHILD

ALL GAMES PLAYED AT WALTERS PARK SPEERS POINT

For more information contact Rob Taylor 0417 309 588

**WE WANT YOU!**

Lake Macquarie Rugby Club  
Be part of a great team!

Be coached by some of the best coaches in the region. We are recruiting players of all standards and ages for our 2018 season.

REGISTRATION	
Unders 7s \$50 per child	FAMILY DISCOUNTS
8s and 9s \$200	2nd child \$30 off
10s - 17s \$230	3rd child \$50 off
	4th child Free

DON'T FORGET YOUR \$100 SPORTING GRANT FOR SCHOOL AGED KIDS REBATE

[www.lakemacquarierugby.com](http://www.lakemacquarierugby.com)

For more information contact Matthew Bartley 0407 485 955

**umwelt**





### SCHOOL SECURITY

If you see trespassers in the school out of school hours we would appreciate a call to school security.

**PH: 1300 880 021 24 HOURS**

# Bulk billed eye exams!!!



## aie

optical

Eyecare & Eyewear

Mention to receive

# FREE!

Kids eyewear  
insurance for  
12 months!

SPEERS POINT  
1/177 MAIN RD  
4958 7892



## NEWSLETTER DISTRIBUTION

Newsletters are issued every 2<sup>nd</sup> Monday.

To save time and resources and to ensure that you receive your newsletter we would like to email our newsletters to parents.

If you still wish to receive a hard copy please indicate below.

Please complete the form below and return to school this week.

CHILD'S NAME .....

PARENTS' EMAIL ADDRESS .....

HARD COPY REQUIRED: YES / NO