

York Street, Teralba NSW 2284

[www.teralba-p.schools.nsw.edu.au](http://www.teralba-p.schools.nsw.edu.au)

☎ 02 4958 2117

✉ [teralba-p.school@det.nsw.edu.au](mailto:teralba-p.school@det.nsw.edu.au)

Principal – Richard Metcalf

## Upcoming Events

### **Tuesday 18<sup>th</sup> February**

Zone swimming – Qualifying students only

### **Wednesday 19<sup>th</sup> February**

P&C meeting 6pm

### **Friday 28<sup>th</sup> February**

Whole school assembly at 2.15pm

### **Friday 13<sup>th</sup> March**

Assembly K-2 at 2.30pm

### **Friday 20<sup>th</sup> March**

Anti Bullying Day

Assembly 3-6 at 2.30pm

### **Friday 3<sup>rd</sup> April**

Whole school assembly at 2.15pm

### **Monday 6<sup>th</sup> April**

PBL rewards day

### **Thursday 9<sup>th</sup> April**

Easter hat Parade 11am

Last day of term

## Monday 17<sup>th</sup> February 2010 Term 1 Week 4

### PRINCIPAL'S MESSAGE

To our Teralba school community

Very briefly, as principal within the Department of Education, opportunities to grow and lead other schools occasionally present themselves. When the opportunity to relieve at Bateau Bay Public School came across my desk, I was torn as to whether to go for it or not. The decision I made was not made lightly. That said, knowing that 2020 has got off to a brilliant start, I felt comfortable with this decision and know that with Mrs Groves relieving for me makes it easier.

At this time I would like to take this opportunity to thank all the staff for their support, professionalism and hard work to make Teralba the best school in Lake Macquarie. Your children are in the best hands ever.

I would like to wish you all the best of luck and look forward to seeing you all in the future.

### WELCOME MRS GROVES

Thank you staff, students and caregivers for your warm welcome last week. I am very excited to be at Teralba Public School and I'm looking forward to getting to know the students over the term. The children have taken me on tours around the playground and have told me how much they enjoy their learning. It is very clear Teralba PS is a wonderful learning environment driven by dedicated staff and a supportive community. I am excited to be working with all of you to ensure our students continue to thrive and succeed.

Congratulations to our Kindergarten children, who have settled so well into their first few weeks of school. They are very busy learning and are enjoying everything that 'Big School' has to offer, including using the school canteen. Mrs Maytom is working with them in class on the importance of not sharing money and food items with other students. Your support in reinforcing this at home is greatly appreciated.

Louise Groves

Relieving Principal



## SWIMMING

Our annual swimming carnival was held on Tuesday 4<sup>th</sup> of February at Coughlan's swim centre. It was fantastic to see so many of our students participate on the day. The overall winning house was Shortland. Congratulations to our following swimming champions.

Junior Girls Champion – Brianna  
Junior Boys Champion – Baylee  
11 years Girls Champion – Jasmin  
11 years Boys Champion – Madden  
Senior Girls Champion – Sienna  
Senior Boys Champion – Peter

Good luck to all our students who will be swimming at the Westlakes zone swimming carnival tomorrow at Speers Point pool.

## SCRIPTURE

Scripture lessons will be starting back on Tuesday 25<sup>th</sup> of February. If you have not returned your note regarding your child participating or not, could you please return it tomorrow so we can finalise group numbers.

## CLASS NEWS

### KM

Wow, What a week! We have had so much fun this week learning lots of new things. We have been learning:

- to count to 30 and backwards from 20
- writing numbers to 10 and beyond
- how to read and write the sounds s, a, t, i, and p
- about how words work in books
- to break words into syllables and hear the different parts
- about different types of weather and how to describe them
- about our different emotions and how we can tell if someone is happy, sad, angry or excited
- plus much, much more!

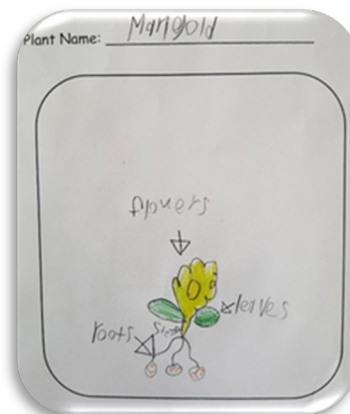
KM students have worked so hard this week and are looking forward to the rest of the term. Check our school Facebook page to see some photos of Kindergarten working hard.



### 1/2B

We are scientists in 1/2B, and this term we are investigating the living world. We have learned that experimenting and observing are really important skills in Science, and we have planted and cared for our own seeds. We also recorded our observations of Marigolds (like Ben's, pictured here), and learned about the structure of plants and their functions; including the roots, stem, leaves and flowers.

We are all very excited to come into class each day and check on our plants!



## 2G

2G have had a fantastic start to the 2020 school year. We have been extremely busy participating in a range of activities and getting to know our daily classroom routines. Last week, we began our geography unit and enjoyed learning a little bit about the weather. We also began sport on Thursday and had lots of fun playing soccer. During our literacy sessions, we have enjoyed learning about different ocean animals. This week, we will complete some research on humpback whales.




## PBL

Week 2 award recipients for being safe in the playground were Kohen, Harriet, Bella, Ivy and Aiden. The PBL focus for week 3 was being an outstanding achiever in the classroom. Our recipients were Evie, Tayte, Rhylee, Brianna and Lara S.

## UNIFORMS

School uniforms are available for purchase at our office. This is run by our school P&C. Suitable method of payments are by cash or direct debit to the P&C's account, BSB 032-514 Acc 258881.

 <b>TERALBA</b>   SCHOOL UNIFORM ORDER <small>Opportunity, Achievement, Success in a Caring Community</small>			
Name: _____		Class: _____	
Item	Size	Quantity	Cost
Polo Shirt with Logo (\$25each) Sizes: 4, 6, 8, 10, 12, 14, 16			
Tunic (\$50) Sizes: 4, 6, 8, 12, 14			
School Hat (\$10 each)			
Hooded Jacket (\$35each) Sizes: 4, 6, 8, 10, 12, 14, S			
TPS Communication Bag (\$12 each)			
Reusable Lunch Bag (\$15)			
Reusable Wallet (\$14)			
<b>Please pay in cash to office OR direct deposit to P&amp;C</b> BSB: 032-514 Acc: 258881		Total:	



## ENVIRONMENTAL ISSUES AT TERALBA PUBLIC SCHOOL

At our school we are constantly trying to do the best we can to reduce our impact on the environment.

As part of this we are a recycling drop off point for the following items:

**Mobile phones and accessories** - All makes and models of mobile phones, mobile phone batteries, mobile chargers and accessories, mobile wireless internet devices, smart watches. There is a collection box in the office.

**Household batteries** - each family is being provided with a small bin, courtesy of Toronto Battery World. Once the bin is full you can drop your batteries off at Toronto Battery World, or bring them to the office and we will arrange drop off.

**Milk bottle tops** - please rinse, remove any inner liner and drop off at office or canteen.

**Dish care recycling** - Dishwashing liquid bottles (including caps), dishwashing tablets, flexible packaging (including snap locks and zip locks), air freshener, aerosol cans and spray bottles (including spray and trigger heads), plug-in air fresheners and refills (including plastic outer packaging), Clip-on car fresheners and refills (including plastic outer packaging).

### TERRACYCLE RECYCLING PROGRAMS - CONTAINERS FOR DROP OFF IN OFFICE

**Used writing instruments** - we have recently joined this initiative for school waste and we are happy to add your used writing instruments to our collection. See attached flyer for acceptable waste.

**Dental waste** - accepted items - toothpaste tubes and caps, manual toothbrushes, electric toothbrush heads, toothbrush and toothpaste tube outer packaging and floss containers.

**Bread bag clips** - not twist ties

Other initiatives in the school include reducing the amount of laminating, collecting and composting food scraps, soft plastics (from the canteen, classrooms and office), recycling fluoro tubes, recycling paper, printing double sided whenever possible. All our e-waste is taken to the drop off point at council's Waste Management Facility at Awaba. We are constantly looking for ways to reduce our impact on the environment and are educating students to do so too.

We really appreciate the support of our students and families who reduce the amount of packaging and waste sent to school. Please do not use zip lock bags for payments - we provide envelopes for this purpose. If you would like some sent home, just ask your child/ren to come to the office to get a small supply (or better still - make your payments securely online through our school website).

## INFORMATION EVENING FOR YEAR 7 2021

Lake Macquarie High School is hosting an information evening on Tuesday 3<sup>rd</sup> of March at 6pm for families who have children that we be enrolling for year 7 next year.



## Good for Kids good for life



Our school is part of the Crunch&Sip® program, also known as 'Fruit break'. Crunch&Sip® is a set time during the day to eat vegetables and fruit and drink water.

Below are some examples of what students are allowed to bring for Crunch&Sip®:

- All fresh vegetables and fruit such as carrot sticks or grapes
- Dried fruit or tinned fruit in juice, but only sometimes
- Plain water



Some tips to increase vegie intake for Crunch&Sip® include:

- Start with vegetables your children are familiar with
- Allow children to choose their Crunch&Sip® vegetables
- Try sweeter vegetables like cherry tomatoes or carrots
- Use a variety of colours to make it more appealing
- Let kids pick out a special Crunch&Sip® container from the supermarket
- Get kids involved in cooking vegetables at home

Source: Crunch&Sip® [www.crunchandsip.com.au](http://www.crunchandsip.com.au)



Health  
Hunter New England  
Local Health District

[HNELHD-GoodForkids@health.nsw.gov.au](mailto:HNELHD-GoodForkids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>



# Register now!



**Lake Macquarie Dockers AFC**

Brad Farrell 0402 494737  
lmafc@hotmail.com  
Open for boys and girls 5-17yo



Sign up for junior footy **play.afl**

**your local OPTOMETRIST**

*clear vision for learning*

**Bulk Billed** EYE EXAMINATION APPOINTMENTS

1/177 Main Road  
**SPEERS POINT**

ph **4958 7892** or

**BOOK ONLINE**  
[lakeandvalleyoptical.com](http://lakeandvalleyoptical.com)